



# FRENSAM DOES TRANS AWARENESS WEEK, AS PART OF ANTI-BULLYING WEEK

Find out what it means to be transgender  
& why pronouns matter, and discover  
trans role models in your own subject  
areas

# WHAT DOES TRANSGENDER MEAN?

Transgender/trans = someone who feels that the sex they were assigned at birth does not match or sit easily with their sense of their own gender.

The term 'trans' is sometimes used as abbreviation for 'transgender'

## TRANS MAN & TRANS WOMAN?

A **transgender woman** may have been thought to be male when born, but now lives as a woman today. A **transgender man** lives as man today but was thought to be female when they were born

## NON-BINARY?

Some transgender people do not identify as either male nor female, or identify as a combination of female and male. People who identify with, or express, a gender identity that is not necessarily entirely male nor entirely female, is non-binary

## GENDER IDENTITY FOR ALL?

Everyone, whether transgender or not, has a gender identity. For some people it simply isn't thought about very much as their gender identity matches their sex at birth



## WHAT ARE PRONOUNS?

Pronouns are used in every day speech and writing to take the place of people's names. Often, when speaking of someone in the third person, these pronouns have a gender implied. Mistaking or assuming peoples' pronouns without asking first, mistakes their gender and sends a harmful message



## SAM SMITH

"After a lifetime of being at war with my gender I've decided to embrace myself for who I am, inside and out."

Sam Smith has asked fans to use the pronouns "they/them", not "he/him", after coming out as non-binary.



## ELLIOT PAGE

"I can't begin to express how remarkable it feels to finally love who I am enough to pursue my authentic self."

Elliot Page came out as trans in 2020, sharing he uses he/they pronouns.

# WHAT SHOULD I DO?

It's as simple as 1, 2, 3!



1

WHEN YOU KNOW  
SOMEBODY'S  
PREFERRED PRONOUNS,  
USE THEM!



2

IF YOU DON'T KNOW  
SOMEONE'S  
PREFERRED  
PRONOUNS, ASK  
(RESPECTFULLY)!



3

MAKE IT EASIER  
FOR EVERYONE  
BY TELLING  
PEOPLE YOUR  
OWN PRONOUNS!  
You could add your pronouns to  
your email signature, social  
media bio etc.

## WHAT IF I DON'T LIKE USING 'THEY/THEM'?

If you are addressing a person who uses “they” as their pronoun, then you should **USE** their pronouns!  
Respectful & Inclusive language is important and supports Frensham’s values of Authenticity, Individuality & Togetherness

### SPIRIT OF TOGETHERNESS FRENSHAM NURTURES COMMUNITY SPIRIT



#### SPIRIT OF TOGETHERNESS

FRENSHAM NURTURES COMMUNITY SPIRIT

**Relationships** are the foundation of our school and our success, built on genuine **mutual respect, compassion** and **kindness**. We embrace **freedom** with a firm understanding of our **responsibility** towards our community.

### RESPECT OF INDIVIDUALITY FRENSHAM CELEBRATES AUTHENTICITY



#### RESPECT OF INDIVIDUALITY

FRENSHAM CELEBRATES AUTHENTICITY

This is a place where you can be the **'true you'**; we **pride** ourselves on that. We support all to have the **confidence** to stand for something and be the person you truly want to be.